

My dear change maker friend,

Do you hear a whisper calling you to make a greater impact? Are you ready to "BE the change you wish to see in the world"?

My favorite quote from Gandhi, it holds such a deep meaning. It's about boldly step up and into your true POWER and PURPOSE to embody and BE a living breathing example from the-inside-out of the change you wish to see in your world.

The BE the change maker coaching and mentoring program is a 6 to 9 month deep dive experience for advanced change makers and leaders that are called to a greater purpose or calling

BE the change maker program is about confidently knowing, embracing and owning your unique PRESENCE and gifts can - and will – influence, impact and transform a system, a group, a culture, and people's lives for the better.

This program is not about "changing you"

It is about the work of becoming more of who you truly are

And bringing that to your work in the world

You are already a master at making things happen and making an impact, but now it's about tuning in, listening to, trusting and being brave enough to act on that deeper truth in your soul.

That whisper in your soul is always wise and all-knowing of your potential and the mind-boggling possibilities for positive change all around you. That whisper that says it's time to stop ignoring your gifts and the greater impact you can make on the people you serve and causes you care about most.

You are the instrument of change.
You are the change the people and places you serve are waiting for.
Will you join me to turn on and shine your light?

Your light is connected to a truth, a wisdom, a higher intelligence and divine energy that lives in your PRESENCE and unique PURPOSE. You know it, and you want to tune in and bring it more to your work, but the endless exhausting list of TO Dos, people that you care about and swirl of complexity going on, takes you off center.

Come back to you and BE the change maker you were born to be. Reach out to schedule a call to explore if this coaching program is a fit for you. Individual coaching programs are still available this year and group programs will be announced at a later date.

Much admiration and gratitude for you and what you give to the world,

Jen Todd



Leadership Coach & Change Consultant CEO, Breakthrough Partners & Founder, Value Girls Globally

What is this program about?

The BE the Change Maker Program is a 6 or 9 month group coaching and mentoring program that is based on Jen Todd's 20+ years of experience leading large system and culture-wide change, group and personal transformation and all she's learned in her own personal journey to discover her greater purpose. The program includes:

- ✓ *MENTORING:* Group teachings, wisdom, tools and best practices and once a month learning experiments focused on one of the 4 program pillars of Presence, Purpose, Power and Path.
- ✓ *COACHING*: Foundational purpose mapping questionnaire, vision casting sessions, once a month coaching in a group setting, monthly or bi-monthly personal coaching with Jen Todd to integrate learnings into your being.
- ✓ *GROUP SUPPORT:* Ongoing group community connection, sharing and support of other change makers on group calls, a private Facebook group, and a private website.

What wisdom and concepts will be taught in the program?

The wisdom teachings, tools & practices in the sessions and learning assignments will center around the four pillars of BE the change maker: Presence. Purpose. Power. Path.

<u>PRESENCE is the foundation</u>: Be centered, grounded and connected to your presence and inner wisdom amidst the intensity of the systems, people and issues swirling around you.

<u>PURPOSE drives everything.</u> Deepen your clarity and connection to your true purpose and express that in more meaningful ways in your work.

<u>POWER of using your whole self</u>. Clear out what holds you back and intentionally ignite the power of your whole self as an instrument of change.

<u>PATHS get illuminated.</u> Explore pathways and a vision for bringing your purpose and power out into the world.

- Experienced in leading change in systems, groups and situations or individually for professional or personal growth and you want to make a greater impact.
- o Driven by a deeper purpose, mission, cause or values in your work and life.
- Sense there is a calling, path or destiny that you have yet to fulfill.
- Committed to your personal enlightenment and professional growth and living your full potential and will make the time and space needed for the work and program events.
- o Interested in learning about how to use different parts of yourself to expand your influence and impact beyond just your mind.
- Willing to stretch yourself, be uncomfortable and vulnerable and become self-aware of how you limit yourself so you can BE your purpose and power in the world.
- Wanting and value connection with other change makers from different organizations, industries, and locations around the world that you can learn and get support from.
- Open to coaching and expanding yourself to thinking, doing and being in different ways to create the change you wish to see, even in light of your doubts and fears.

This is NOT for you if you....

- Are just starting out as a change maker and still learning the basics of leading and managing change and how to "use yourself as an instrument of change" to influence and impact.
- o Don't consider personal growth and enlightenment (of mind/heart/body/spirit) important to your success and the impact of your work in the world as a change maker.
- Are uncomfortable with and unwilling to fully engage in present-centering practices like meditation, guided visualizations, intuitive check-ins, and prayer and intention setting rituals.
- o Are so busy or overwhelmed that you can't fully commit to the time, effort and focus to being at the sessions a few times a month and doing your own growth work to apply your learnings.
- Don't like sharing or being supported in a group setting and would rather do individual work privately (contact me about my options of private coaching programs).
- Are stopped by doubts and fears about exercising your purpose and power that you are not open to shifting through support and coaching.

Thanks for reading all this, if you feeling called but you are unclear if this is a good fit, Jen would love to talk from you!

Schedule your call at this link:

https://calendly.com/jtodd/be-the-change-fit-interview/

About Jen Todd.....

"Jen Todd reminds me of Flavia Weedn's words, "Some people come into our lives and leave footprints on our hearts, and we are never ever the same."

Thanks to Jen, I more fully engage in my work, create a greater impact and find deeper fulfillment. Jen's coaching helped me

integrate my mind, heart and body, resulting in professional and personal breakthroughs."



Acclaimed Leadership Coach and Change Consultant. Jennifer (Jen) Todd is the founder and CEO of Breakthrough Partners. As an experienced leadership coach and change consultant, she is a trusted confident to executives and known for transforming groups and individuals who report life-altering shifts from her

- Elizabeth Roll, OE Consultant and Leadership Coach

programs. Jen has coached thousands of leaders, groups and individuals around the world on complex large-scale whole system change, team effectiveness and personal transformation.

While she was transforming the paradigms of thousands of people a month in her corporate work, her own paradigm about life changed. Burn-out, depleted and exhausted, she realized in quest to help others live their dreams, she had neglected her own. She took a sabbatical and followed a whisper in her soul that said "Go to Africa." She embarked on a remarkable personal and spiritual journey, uncovered her life's purpose and re-aligned her life around that. This led to revamping her work, founding a women's empowerment mission in Africa, starting the non-profit Value Girls Globally, and adopting a baby on her own as a single woman.

She now offers clients experiences to uncover their own purpose and tap into their whole self - mind, body, heart and spirit - to leverage their true power and potential in their work and lives.

Jen holds a Master's of Science in Organization Development from Pepperdine University, an International Executive Business Program and a Bachelor's degree in Psychology from Michigan State University, and is a graduate and guest faculty at the Gestalt Institute of Cleveland. Jen works and lives on a lake outside of Detroit MI, and when she's not working she loves doing yoga, boating, playing outside and frolicking on the beach with her beautiful 3 year old daughter Kenya.

For testimonials or to hear more about Jen: www.breakthroughpartner.com.